**11th Nov / 23rd Dec / 3rd Feb**

**MENU**

ALLERGEN KEY
**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

 Monday Meat free day

V Penne vegetable Pasta Bake (A, I)

V Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)

 S Seasonal Salad

 D Seasonal Fruit

Tuesday

**M** Chinese Style Crispy Chicken with vegetables served with boiled Rice (H)

**V** Cheese & Onion Pie served with Seasoned Baked Beans (A, I)

**S** ButterySteamed carrots (I)

 D Apple Crumble Served with Ice cream or Custard (A, I)

Wednesday

M Traditional Cottage Pie with Vegetables (I)

**V** Vegetable Singaporean Noodles Served With coriander and ginger paneer(A, H, I)

S Seasonal Salad

 D Chocolate Brownies & Fruit Slices (A, G, I)

Thursday

M Chicken Casserole served with mixed with vegetables served with Yorkshire pudding (A)

V Mac “N” Cheese (A, I)

S Cucumber Sticks

D Fruit Slices

Friday

M Breaded Fish Fingers Served with Chips & beans (A, D)

V Mexican Bean Wrap Served with Chips (A)

 S Fresh Green Salad

D Cornflakes Tart (A, I)

**18th Nov / 30th Dec / 10th Feb**

**MENU**

ALLERGEN KEY
**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

Monday Meat free day

V Lentil Curry Served with Basmati Indian flavoured Rice & Poppadum’s

 V Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)

 S Carrot Sticks

 D Sliced Fruit

Tuesday

M Grilled Butterfly Chicken Served with wedges & Vegetables

V Quorn (G) Chow Mein with Noodles (A, H) Served With Prawn Crackers (D)

S Salad sticks

 D Traditional Jam Sponge Cake with Custard (A, G, I)

Wednesday

M Great British Bangers and Creamy Mash Served with Baked beans (A, I)

 V Tomato & Mozzarella Pizza Served with Jacket Wedges (A, I) **(NO AL NOOR)**

V Cheese & Tomato pasta Served with Jacket Wedges **(AL NOOR ONLY)**

 S fresh green Salad

 D Chocolate Oaty Slices & Fruit (A)

Thursday

M Sweet & Sour Chicken with Vegetables served with Rice (H)

V Cheese & Tomato Baguette (A, I)

S cucumber sticks

D Jelly & ice Cream (I)

Friday

M Golden Fish Fingers Served with Chips & Baked Beans (A, D)

V Creamy Mac “N” Cheese (A, I)

 S Fresh Green Salad

D Rice Pudding (I)

**MENU**

**25th Nov / 6th Jan / 17th Feb**

ALLERGEN KEY
**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

Monday Meat free day

V Vegetable Biryani Served with Poppadum’s (I)

V Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)

S Raita

 D Seasonal Sliced Fruit

Tuesday

M BBQ Chicken Served with Roast potatoes & Green Peas

V Vegetable curry with Chick peas Served with Basmati Rice/wholemeal bread (A)

 S Salad

D Classic Chocolate Sponge Cake & Chocolate Custard (A, G, I)

Wednesday

M Crispy Ginger Chicken with vegetables Served with Rice or noodles & Prawn Crackers (A, D, H)

V BBQ Quorn savoury Pie (A, G) Served with Baked Beans (A)

S Salad

D Apple Crumble Served with Ice cream or Custard (A, I)

Thursday

M Chicken Enchiladas filled with Roasted vegetables (A)

 V Lentil Curry with Potatoes Served with Boiled Rice

S Fresh green Salad

D Peaches with Cream (I

Friday

M Golden Fish Fingers & Chips & Baked Beans(A, D)

V Mac “N” Cheese served with Broccoli (A, I)

S Fresh Green Salad

D Semolina Pudding (A, I)

ALLERGEN KEY
**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

**2nd Dec / 13th Jan**

 Monday Meat free day

 V Vegetable Fajita Pasta Served with Greens Beans & Sweetcorn (A)

V Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)

S Fresh green salad with cherry tomatoes & olives

D Seasonal sliced Fruit

Tuesday

M Cheese Burger Served with chips (A)

V Mac “N” Cheese served with sweetcorn (A, I)

 S Fresh green Salad

D Lemon Drizzle Cake (A, G, I)

Wednesday

M Mexican Chicken pasta bake Served with Garlic Bread (A, I)

V Tomato & Mozzarella Pizza Served with Jacket Wedges (A, I) **(ONLY AL NOOR)**

V Greek Veggie Wrap (A) **(NO AL NOOR)**

S Fresh Salad

D Apple & Cornflakes or Fruit Slices (A, I)

Thursday

M Mince Pilau rice served with peas & yogurt (I)

V Quorn mince Tomato Pizza Served with Pasta Salad (A, G)

S Salad

D Jelly & Ice Cream (I)

Friday

M Fish Fingers with wedges & Baked Beans (A, D)

V Aubergine & potato Pie (A, I)

S Salad

D Sliced Fruits

ALLERGEN KEY
**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

**28th Oct / 9th Dec / 20th Jan**

Monday Meat free day

 V Creamy Vegetable tagliatelle Served with Greens Beans & Sweetcorn (A)

V Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)

S Fresh green salad with cherry tomatoes & olives

D Seasonal sliced Fruit

Tuesday

M Chicken & sweetcorn Pie served with wedges (A)

V Vegetable Chimichanga Served with Baked Beans (A, H)

 S Fresh green Salad

D Banana Custard with Biscuits

Wednesday

M Meat lasagne with sweetcorn served with Garlic Bread (A, I)

V Bean Burger in a Bun served with Roast Potatoes (A)

S Fresh Salad

D Sponge Cake with Custard (A, G, I)

Thursday

M Sausages Hot Pot (A)

V Quorn Mince spaghetti Bolognese Served with Garlic Bread (A, G)

S Salad

D Sliced Fruit

Friday

M Fish Fingers served Homemade chips & with Baked Beans(A, D)

V Vegetables with caramelised onions in a wrap (Cold/vegan) (A) served with Tomato Soup

S Salad

D Caramel Tart or Fruit (A, G, I)

**4th Nov / 16th Dec / 27th Jan**

ALLERGEN KEY
**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

Monday Meat free day

 V Spaghetti Pasta Served with Vegetable tomato sauce & cheese (A)

V Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)

S Fresh green salad with cherry tomatoes & olives

D Seasonal sliced Fruit

Tuesday

M Meat Stew with Vegetables Served with Mash Potato

V Potato chick peas curry Served with Basmati Rice

 S Salad Sticks

D Pineapple upside-down cake (A, G, I)

Wednesday

M Kofta Kebab Tomato curry served with Rice

V Rainbow Salad Wrap (A)

S Salad Sticks

D Fruit Slices & crackers with Cheese (A, I)

 Thursday

M Oven baked crispy Chicken Served with Boiled potatoes (A, I)

V Spinach & Potato Curry served with wholemeal bread or nan (A)

S Veg

D Jelly & Ice Cream (I)

Friday

M Fish Fingers & Chips served with Baked Beans(A, D)

V Cheese & tomato Pasta (A, I)

S Salad

D Chocolate Puddle Pudding with Mandarin puree & Sliced Fruits (A, G, I)